



Annual Story 2021-2022



Seeking Connection

SECCA is a not-for-profit

organisation designed to support

people with disability to learn

about human relationships,

sexuality and sexual health.



Sexuality Education
Counselling and
Consultancy Agency

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SECCA is a not-for-profit organisation which supports people with disability to learn about relationships, sexuality and sexual health.

For support in using this resource or accessing disability appropriate health services, please call us, or visit secca.org.au

Our Board

SECCA's Board comprises a dedicated group of volunteers with a specific interest in supporting people with disability. They continue to contribute their invaluable time, energy and vision to SECCA.

Office bearers 2021/22

Chair	Amanda Negus
Deputy Chair	Amanda Hunt
Secretary	Shaun Mays
Treasurer	Renato Sansalone
Board member	Mahesha De Silva
Board member	Catrina Wold
Board member	Terry Rodda
Board member	Jess Vidoni
Board member	Mollie Hill

Our Management and Staff

SECCA is recognised as a leader in the field of sexuality and disability. All SECCA staff have been carefully selected for their demonstrated empathy, interpersonal skills and experience relating to disability and sexuality.

The following represent SECCA's staff as at 30 June 2022.

Executive Director

Tara Harson Eastep BA (Speech Pathology), MA (Speech Pathology), MBA

Clinical Director

Juana Terpou BA (Fine Arts), GradDip Counselling (Human Serv), PGradDip Forensic Sexology

Counsellors

Natasha Brockwell BA(Teaching), Grad Cert Counselling, GradDip Sexology

Michaela Southby M. Counselling, PGradDip Forensic Sexology, BA (Hons) Communication

Caryn Sullivan BA English/Creative Arts, GradDip Counselling, M. Counselling

Ashleigh Taylor BA Sexuality, Marriage and the Family

Tiffany Bunter BA Social Work

Project Lead

Jordina Quain M. Public Health, GradDip Sexology, GradDip Health Promotion, BA (Theatre)

Project Officers

Tiffany Bunter BA Social Work

Felicity Pheasant M. Sexology, GradDip Sexology, BA Health Promotion

Laura/Remus Short B. Psychology, Cert 4 Youth Work, Cert 4 Child, Youth and Family Intervention, Cert 3 Community Services Work, BA Creative Writing and Professional Writing and Publishing

Education Lead

Sandra Norman B App Sc (Physics), B Social Science, Cert 4 Training and Assessment. Cert 4 Co-ordination of Volunteers

Education Officer

Lexie Ashwell Jones BA (Performance Studies), GradDip Education

Clinical Support Officer

Claire Wise B. Counselling, M. Sexology

Admin Support Officer

Maria Barnett

Executive Director Report

Over the past year, SECCA has continued an upward journey, going from strength to strength.

The last 12 months has been a time marked by continued positive change, progress and demonstrated agility. The first part of the year was busy with preparation for our NDIS audit. As a result of the intense work undertaken to improve foundational aspects of the organisation including policies, procedures and systems, SECCA achieved an outstanding audit outcome.

While preparing for the audit, SECCA also instituted a new counselling triage system. This allowed us to drive down the wait time for services, decreasing our waitlist by 74%.

Through implementation of a more immediate individualised initial assessment process, clients, families and other professionals are directed to resources, workshops, consults or counselling based on risk and needs.

Additionally, funding received from Lotterywest for Capacity Building enabled SECCA to complete a Workforce Capability and Capacity assessment and initiate strategic planning. A student partnership with Curtin University resulted in two projects focused on identifying key business intelligence metrics and a student/intern model for development of a specialised talent pipeline. Combined, these pieces of work will assist in the creation of a long-term social impact strategy.

While WA felt the full effects of Covid-19 for the first time in the early part of 2022, SECCA staff easily transitioned to working from home. Person-centred care remained at the forefront of our services with counselling continuing either face-to-face or online depending on clients' needs.

I would like to thank the SECCA staff for their incredible enthusiasm and work over the past year as well as the SECCA Board for their support. I would also like to thank the Department of Community and Department of Health for their continued support and funding.

This year has been a year of achievements and next year promises to be ripe for continued success. I look forward to finalising our strategic plan, the launching of new resources and working proactively to bring about social change.

Tara Harson Eastep
Executive Director

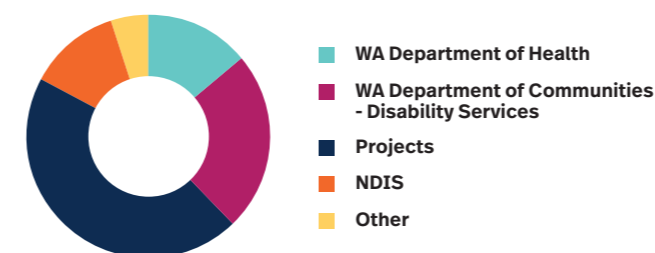
Financials

SECCA is a registered NDIS provider, and the majority of clients are funded for counselling through their NDIS Plans. SECCA is further supported by funding from the WA Department of Communities and WA Department of Health. Additional grants are secured to deliver specific projects and activities.

Full financials available from SECCA on (08) 9420 7226.

Where our money came from

Financial Year 2021/2022



Chair Report

Although we are a small agency in size, the SECCA Board is aware of the big potential for positive impact on individuals and the community, building on many years of work, towards enriching the lives of people with disability.

Brené Brown defines leadership as taking responsibility for finding the potential in people and processes, and the SECCA Board is enormously proud of the leadership that our Executive Director, Tara Eastep and the SECCA team have demonstrated this year.

Our key priority at the start of the year was addressing the size of the waitlist and we are so pleased that this has been achieved. We have introduced efficiencies that have seen our waitlist significantly reduced, meaning that more people are now able to access the unique counselling and education services that SECCA offers.

A lot of great work has been completed across the year. Collaboration with schools, partner agencies and the wider community has enabled updates to invaluable SECCA resources such as the cervical screening materials which are proving integral tools for improving accessibility to important health information.

The excellent NDIS audit result was thanks to Tara's enormous effort in resetting all of our policies and procedures, ensuring they aligned to compliance as well as safeguarding the agency in the future.

SECCA values our partnerships with families, service providers and funders who have continued to support SECCA in navigating through the NDIS, ensuring we provide the best services possible.

We look forward to continuing our collaborative approach to ensure we are addressing our clients' needs in ways that are contemporary, unique and tailored.

We acknowledge our funding bodies for their ongoing financial support and advice, and we once again look forward to opportunities that are availed to us each year. We also acknowledge our volunteer Board who continue to work so cohesively to support all governance aspects of our agency.

We particularly want to thank outgoing Board member, Terry Rodda, who committed an incredible amount of time and energy ensuring SECCA's financials remained in a healthy position. His financial diligence enabled SECCA to make operational decisions that have genuinely moved us forward. We also thank Caris Jalla, Jessica Vidoni and Mollie Hill for their contribution this year.

Our commitment continues to grow, as all of us – those who govern the agency and those who deliver the important services – are aligned on our vision for the future.

Amanda Negus
Chair of the Board

SECCA is proud to live, work and love on the lands and by the waters of the Whadjuk people of the Noongar Nation. We pay our respects to their Elders past, present and emerging. Always was, always will be, Aboriginal land.

About SECCA



We support the right to respectful relationships and safe sexual expression for everyone.

SECCA is a not-for-profit that supports people with disability to learn about relationships, sexuality, and sexual health. At the core of SECCA is an understanding of our clients' vulnerability living at the intersection of disability, mental health and (involvement with) social services and the criminal justice system. Through therapeutic support, education and resources, we aim to build capacity in individuals to achieve positive relationships and sexual expression in a way that suits them.

SECCA Values

Our Mission

Deliver impactful, current sexuality and relationship support that is relevant to people with disability, and their carers.

Our Vision

Empower people with a disability to thrive in richer, safer relationships.

Our Values

Self-determination
Equality
Collaboration
Creativity
Accountability

SECCA Services

Education

SECCA's interactive workshops serve to educate and empower families, teachers and other professionals supporting people with disability to explore values and attitudes around sexuality and disability. We provide facts, guidance and approaches to respectful support.

Counselling

SECCA provides specialist one-on-one counselling and education, allowing the counsellor to understand and respond to the unique needs of each client.

A range of therapeutic techniques are used to meet different communication and learning styles.

Consultancy

SECCA supports families, teachers, support workers and professionals to respectfully manage situations and behaviours relating to an individual's sexuality.

This support is immediate and accessible for those waitlisted for counselling services or in need of resources.

162

Counselling clients

278

Referrals

162

Consults

549

Workshop attendees

As of 30 June 2022



Our Achievements 2021-22

NDIS Audit

DECEMBER

In December of 2021, SECCA successfully completed the NDIS Quality and Safeguarding audit, achieving verification by demonstrating compliance with the NDIS Practice Standards and Quality Indicators.

SECCA received no non-conformities and minimal observations for improvement were suggested.



It was noted that SECCA can clearly demonstrate that the NDIS outcomes and indicators were met as proportionate to the size and scale of the provider.



22

New library resources



Waitlist down from 270 to 70

1 July 2021

30 June 2022



Disability at Work Summit

JUNE

In June 2022, SECCA presented to a national online audience at the 'NDS Disability at Work Summit 2022 - Shaping our Future'.

SECCA's theme was 'The Importance of Relationships and Sexuality Education for Social Inclusion and Employability'.

SECCA demonstrated how critical learning within Relationships and Sexuality Education (RSE) is essential for successful social and economic inclusion.

Innovation Grant

JANUARY

In early 2022, SECCA was successful in securing an inaugural grant from the Department of Communities, Disability Services Innovation Fund.

This is underpinning the development of our flagship SECCA App to enable greater usability and engagement by teachers, clinicians and families across WA.

The SECCA App is our free, digital resource that helps educators deliver Relationships and Sexuality Education (RSE) to people of all ages and abilities, specifically those with neurodivergence. With an accessible interface and curriculum-aligned content, the visually-led app delivers learning that is critical for safe and healthy relationships and social inclusion.

Through bolstered content and user support, SECCA will further facilitate the teaching of key topics including protective behaviours, interpersonal skills, consent and e-safety. Importantly, this content combined with a new 'Transition to Work' section aligns with the strategic priorities of the WA State Disability Plan 20-30, to aid social inclusion and employability for people with disability.

SECCA is working alongside teachers, disability employment specialists and end users to ensure the SECCA App meets their specific requirements. This approach will help ensure our most vulnerable people receive essential learning for meaningful participation in all parts of society.



Cervical Screening Project

JUNE

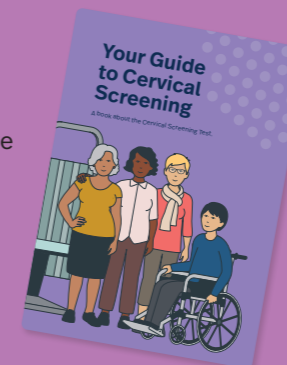
To combat the under-screening of people with disability when it comes to cervical screening, it is important for organisations to create accessible information to promote the need for it.

To address this, in partnership with the WA Cervical Cancer Prevention Program, SECCA developed a brochure and an A5 book which provide inclusive and comprehensive information about the Cervical Screening Test.

Individuals with disability and several stakeholder organisations were consulted throughout the development of the resources in the aim of reducing hesitation about the test through a holistic approach.

Easy English language, image sequencing, individual rights, and an extensive step-by-step guide covering all aspects of the test are examples of some considerations which have been included in these resources. The aim is to increase both understanding and screening rates.

Both resources are free, and can be downloaded from the SECCA website, or as physical copies from the SECCA office.



Looking forward

New resources are constantly in development. The following are due for release by the end of 2022.



Feel Safe Project



Feel Safe is a free Protective Behaviours resource that has been modified and modernised from its original namesake made in the 1990s.

Feel Safe was made in consideration of young adults with varying learning needs to learn Protective Behaviours skills that are involved in navigating new life stages and challenges that come as they transition to adulthood.

In addition to the core Protective Behaviours messages there are additional lessons including problem solving and emergencies, how porn impacts relationships, online safety, online dating and wanted and unwanted touching.

The original resource content was updated in consultation with young people with disability, who inspired the resource to become an interactive, all inclusive and scaffolded e-learning platform that meets accessibility standards to reach more audiences. Included within the platform is a guided learning pathway that has interactive quizzes, SECCA-produced mini-films and educational videos, reflection tools and more. Feel Safe workshops providing additional ideas on teaching the concepts to young adults and maximising use of the platform will be added to SECCA's ongoing workshop offerings.

The resource will be launched in October 2022.

National SRAYR Project



National Sexual Relationships and Your Rights (SRAYR) is a resource about sexuality, sexual health, and relationships.

The resource tells people about their rights and the law, about their body and about getting help. SRAYR uses Easy English and pictures to explain the text.

In 2002 SECCA produced a 21-page print version of what has become SRAYR. It was transformed in a big update in 2017. The 2017 version covered more topics over more pages. It had a new layout and images. The 2017 version talked about Western Australian law only.

The SRAYR resource is now being expanded. New versions for each Australian state and territory have been made. These printed versions are just over 100 pages. They will also be available online. A national version of the SRAYR resource content will also be made into animations.

Visit yourrights.secca.org.au for more information.