

# ANNUAL REPORT

2016/2017

**S**  **CCA** **Ability**  
**Relationships**  
**Sexuality**

## **TABLE OF CONTENTS**

<b>About SECCA.....</b>	<b>3</b>
<b>Statement of Values.....</b>	<b>4</b>
<b>Key Beliefs and Principles .....</b>	<b>5</b>
<b>Referrals and Waitlist .....</b>	<b>7</b>
<b>Consultations and Contacts .....</b>	<b>8</b>
<b>One to One Counselling Sessions .....</b>	<b>8</b>
<b>Age and Gender Profile .....</b>	<b>9</b>
<b>Types of Disability .....</b>	<b>10</b>
<b>Profile Issues Addressed During Counselling .....</b>	<b>11</b>
<b>Professional and Community Training and Education.....</b>	<b>12</b>
<b>Committee of Management .....</b>	<b>13</b>
<b>Organisational Structure.....</b>	<b>14</b>
<b>Personnel .....</b>	<b>15</b>
<b>Co-Chairperson’s Report .....</b>	<b>16</b>
<b>Manager’s Reports.....</b>	<b>17</b>

## ABOUT SECCA

SECCA is a non-profit community organisation and was established in 1991 to assist families and individuals with disability.

### **Mission Statement**

SECCA's mission is to provide a tailored, flexible and responsive service to people with disabilities, their family, carers and others around issues of sexuality, relationships and sexual health.

### **Statement of Purpose**

SECCA exists to support people who have disabilities to learn about human relationships, sexuality and sexual health across the lifespan and make informed choices, acknowledging individual capacity, to enhance the quality of their lives.

## **STATEMENT OF VALUES**

SECCA embraces the following values for ourselves and for the clients and community we serve:

- 1) Rights Based**
- 2) Respect, Equity and Equality**
- 3) Engendering Trust and Mutually Respectful Relationships**
- 4) Effecting Change/Making a Difference**
- 5) Quality Practice**
- 6) Accountability, Transparency and Integrity**
- 7) Self Determination**
- 8) Collaboration**
- 9) Diversity**
- 10) Social Justice**

## **KEY BELIEFS AND PRINCIPLES UNDERLYING SECCA'S PRACTICE**

SECCA endorses the principles that:

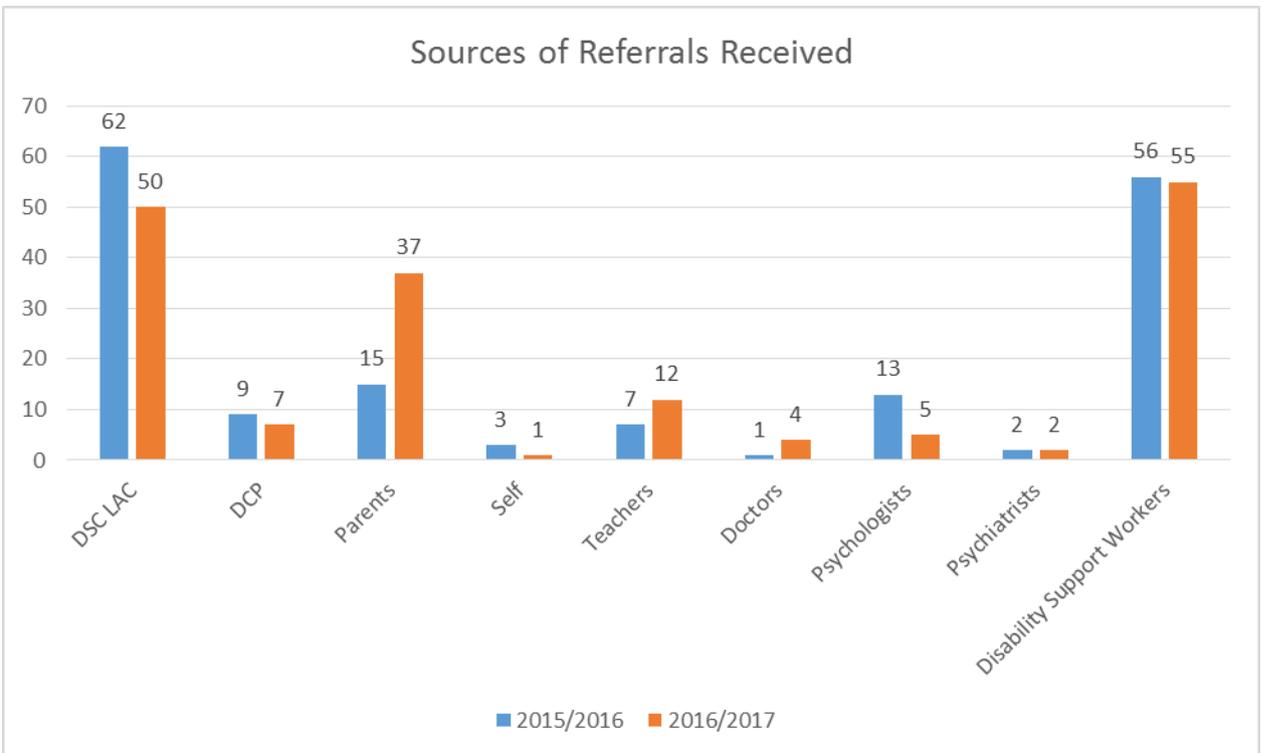
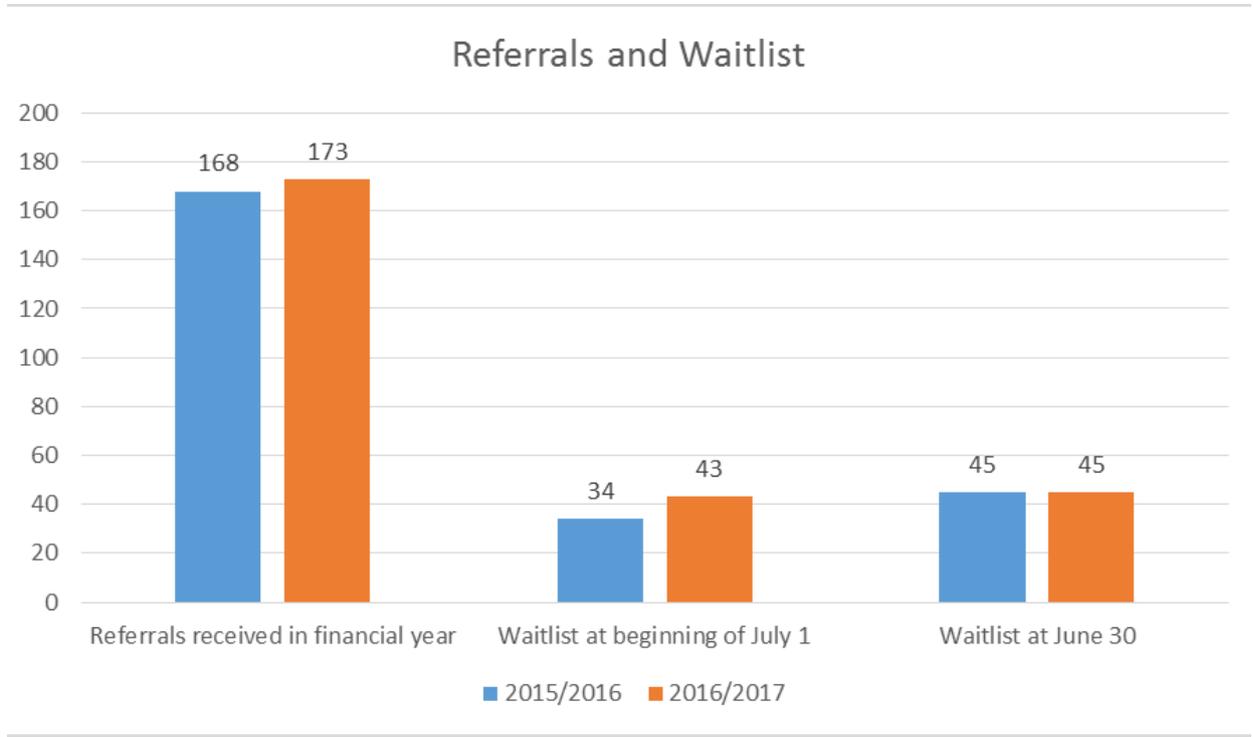
- All people are sexual beings; they begin to form relationships and have physical and psychological needs and desires from the time they are born; these needs and desires change over time from birth to death;
- The developing sexuality of an individual is an entity subject to life long change, continually and inevitably influenced by daily contact with persons of all ages and especially by contacts with peers, the family and other primary care givers, religion, other institutions and the wider society; and
- Sensitive human relations and sexuality education can be a positive force in promoting physical, mental, spiritual and social health. It should be geared to the three levels of learning: feelings, thoughts and action, and should begin as early as possible.

## KEY BELIEFS AND PRINCIPLES UNDERLYING SECCA'S PRACTICE

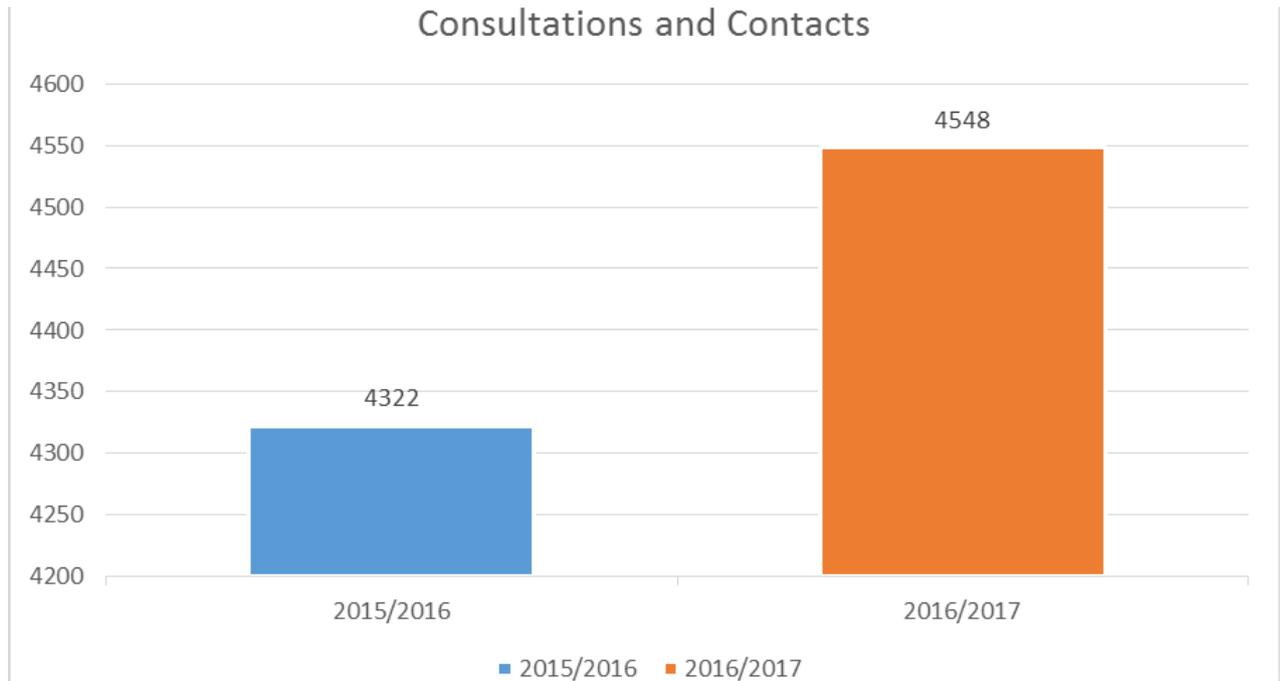
In this context SECCA believes that:

- All people have the right to live free of discrimination, regardless of their age, gender, sexual preference, marital status, ethnicity, religion or disability;
- Sensitive human relations and sexuality education can be a positive force in promoting physical, mental and social health;
- Human relations and sexuality education can be formal or informal;
- Everyone receives this education one way or another and all persons are informal human relations and sex educators whether or not they are aware of it;
- Formal education in the area of human relations and sexuality should be planned and implemented with careful attention and sensitivity to developmental needs, community and cultural settings and values and respect for individual differences;
- Education in responsible human relations and sexuality education is a basic right of every person;
- The primary source of knowledge, moral values and emotional support is the family. SECCA will support families to enable them to fulfil this role;
- People have the right to express their sexuality but not to hurt or violate the rights of others; and
- People have the right to honest and accurate information so they can make informed choices about their own sexual behaviour and sexual expression.

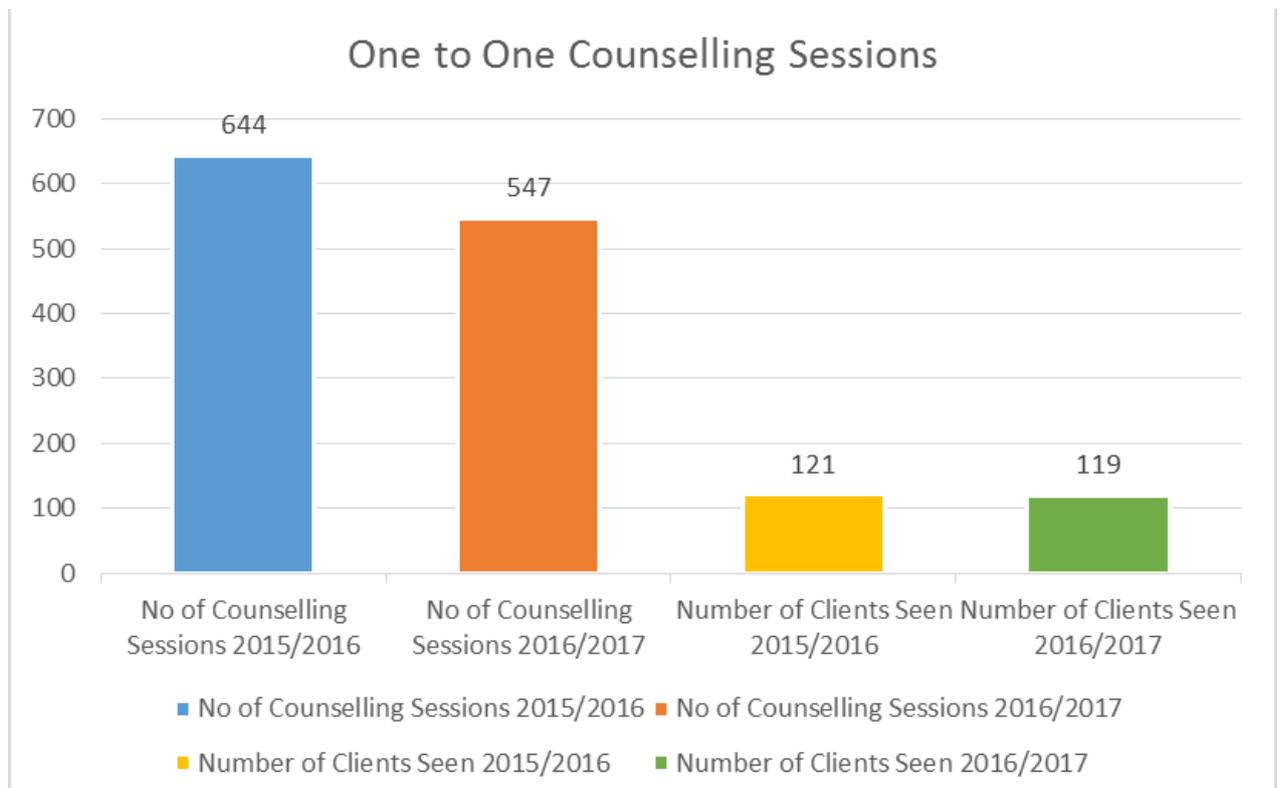
## REFERRALS AND WAITLIST 2016/2017



## CONSULTATIONS/CONTACTS AND ONE TO ONE COUNSELLING SESSIONS 2016/2017

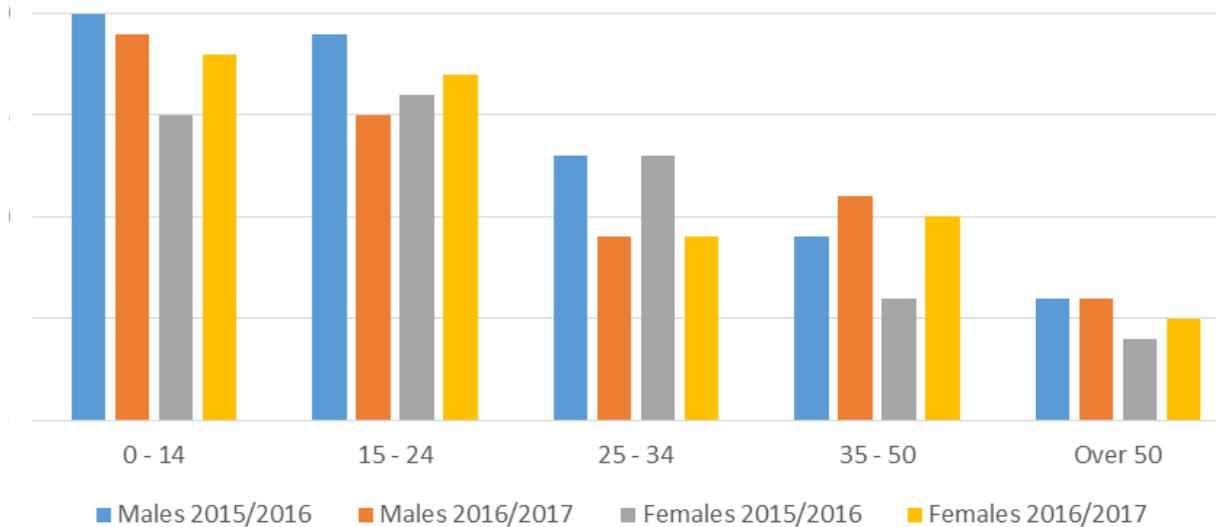


Consultations and Contacts **2015/2016** = 4322, **2016/2017** = 4548



## AGE AND GENDER PROFILE 2016/2017

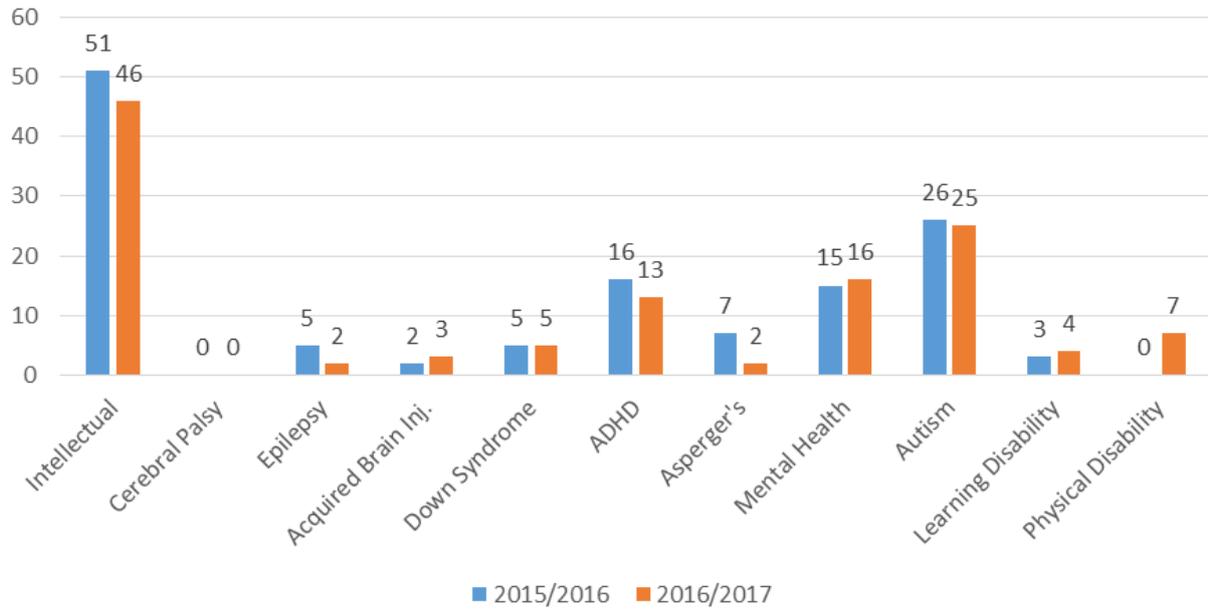
Age and Gender Profile of Clients Seen During 2016/2017



AGE	MALES		FEMALES	
	15/16	16/17	15/16	16/17
0-14 years	20	19	15	18
15-24 years	19	15	16	17
25-34 years	13	09	13	09
35-50 years	09	11	06	10
Over 50	06	06	04	04
Age N/A	00	00	00	01
<b>TOTAL</b>	<b>67</b>	<b>60</b>	<b>54</b>	<b>59</b>

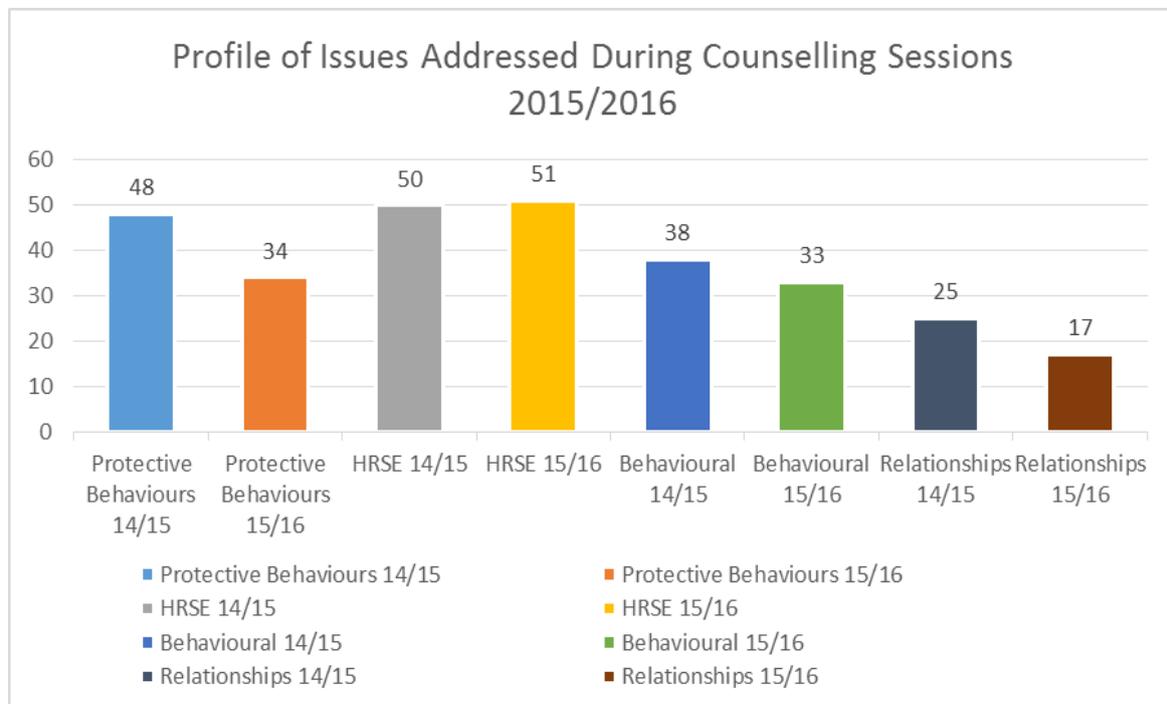
## TYPES OF DISABILITY 2016/2017

Types of Disability of Clients Seen During 2016/2017



	2015/2016	2016/2017
Intellectual	51	46
Cerebral Palsy	00	00
Epilepsy	05	02
Acquired Brain Injury	02	03
Down Syndrome	05	05
ADHD	16	13
Asperger's	07	02
Mental Health	15	16
Autism	26	25
Learning Disability	03	04
Physical Disability	00	07

## PROFILE OF ISSUES ADDRESSED 2016/2017



**\*Includes issues relating to sexual abuse/assault**

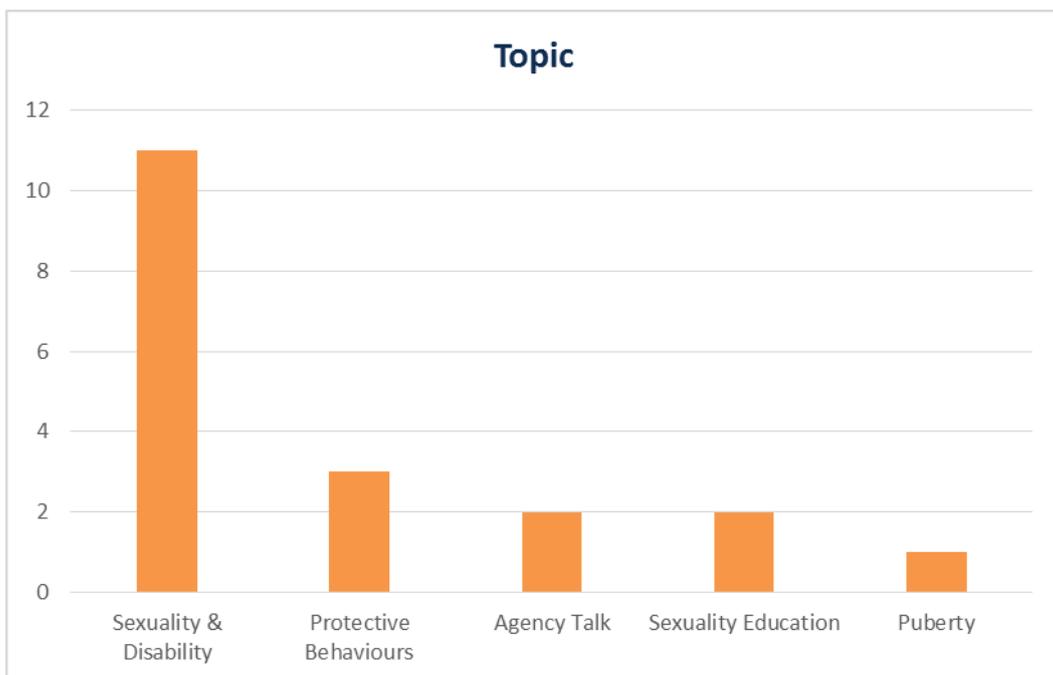
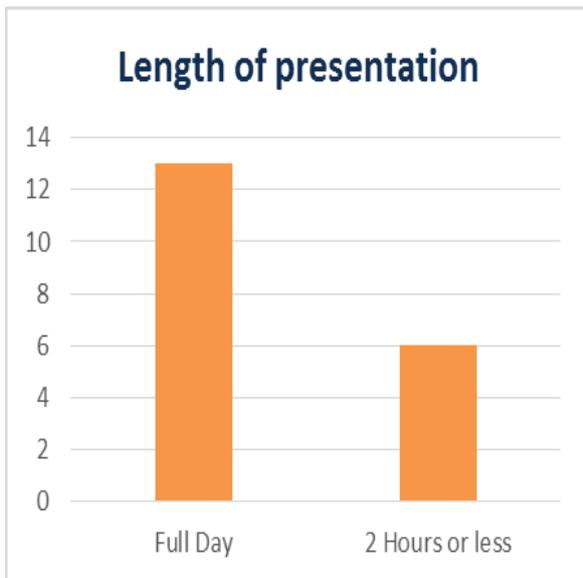
	2015/2016	2016/2017
Protective Behaviours *	34	31
Human Relationships & Sexuality Education	51	25
Behavioural	33	18
Relationships	17	20
<b>TOTAL</b>	<b>135</b>	<b>94</b>

(Clients may present with more than one disability)

## PROFESSIONAL AND COMMUNITY TRAINING AND EDUCATION 2016/2017

Professional and Community Training and Education for 2015/2016 = 21

Professional and Community Training and Education for 2016/2017 = 19



## BOARD OF MANAGEMENT

SECCA's Board of Management is comprised of individuals who have a specific interest in people with disability. The Board members act in a voluntary capacity. The Board is elected from the membership of SECCA. They continue to contribute their invaluable time, energy and vision to SECCA.

The Board of Management for 2016/2017 was as follows:

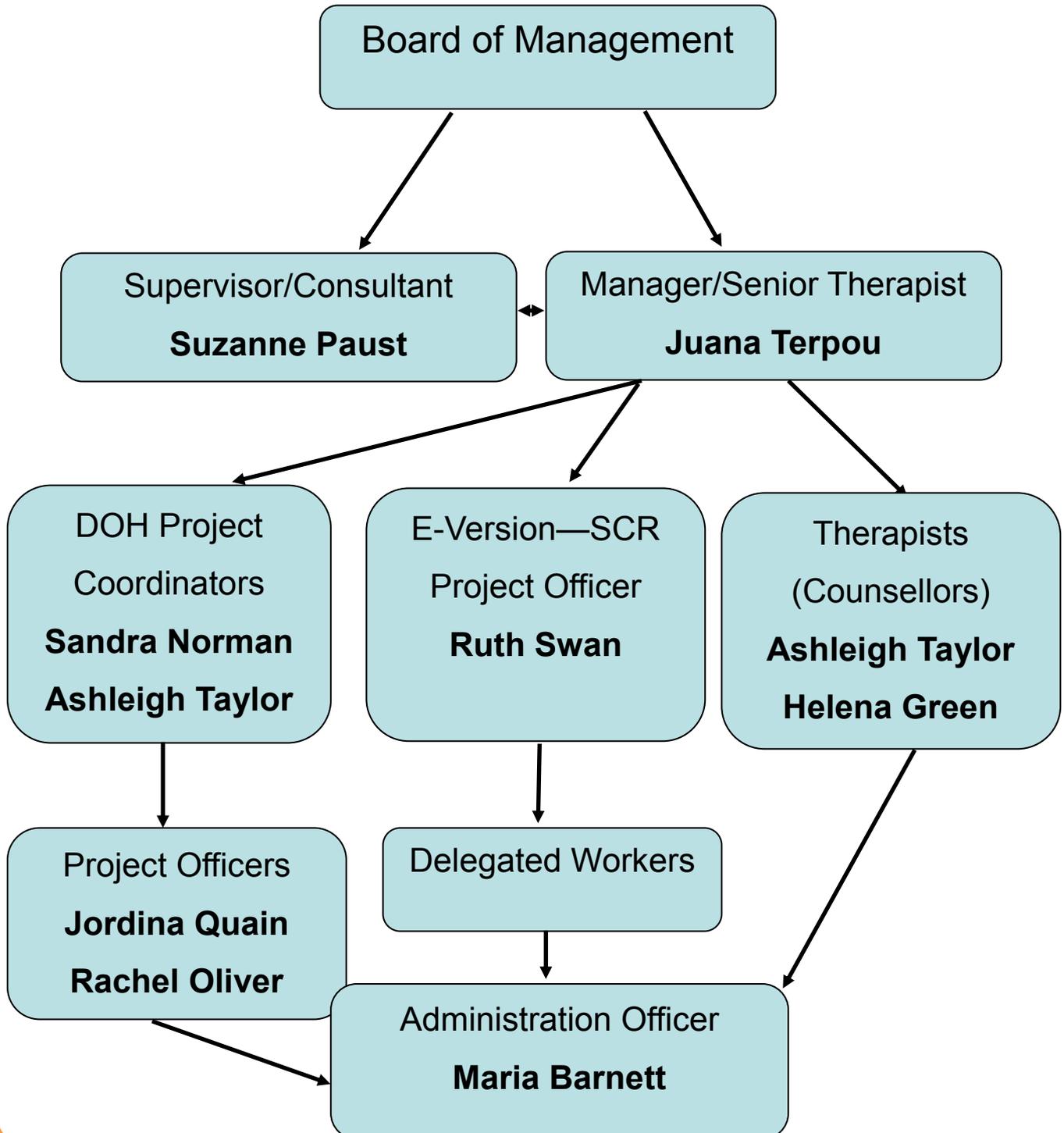
### Office Bearers:

- Suzanne Paust - Co-Chairperson
- Amanda Negus - Co-Chairperson
- Caris Jalla - Secretary
- Terry Rodda - Treasurer
- Mary Butterworth - Individual Member
- Davinia Lefroy - Individual Member

### Management:

- Juana Terpou - Manager

## SECCA'S ORGANISATIONAL STRUCTURE AS AT 30TH JUNE 2017





## CO-CHAIRPERSONS REPORT 2016/2017

The past year has been one of consolidation for SECCA as it has navigated the challenges of the impact of changes for service delivery in the disability sector resulting from the introduction of My Way/NDIS.

Over the past twelve months we have upheld our commitment to best-practice service delivery, consulted within the disability sector and have met all Contractual obligations, while simultaneously supporting individuals who have a disability and their families/carers.

SECCA has worked to establish a solid foundation for future service provision. Our vision to be resilient and sustainable is as strong as ever and to this end we are continuing to develop our Strategic Plan. Our thanks to Lisa Reed, from Little Ray of Sunshine for her assistance and wise counsel in this task.

SECCA staff has worked tirelessly to ensure its accessibility encompasses as many disability and culturally diverse groups as is possible. This resource is the first of its kind with high National and International interest in its completion demonstrated. We look forward to the opportunity to distribute it.

We would like to thank Kammi Rapsy and Juliette Dujardin from Media on Mars who have provided the benefit of their insight in design. The illustrations contained in the App exemplify their talent. We also look forward to the official launch date which is yet to be advised.

We would like to thank the members of SECCA's Board of Management, all of whom volunteer their time to support the Mission and Values of the Agency. We also want to acknowledge and thank Juana Terpou, SECCA Manager who is unwavering in her support of the Agency, the staff and SECCA clients and their families/carers.

Finally, though the environment for service delivery within the disability sector may be ever changing, the support of clients and their families/carers to be given information that will enhance their ability to make informed choices about their sexuality and sexual expression is at the core of what we do as is our aspiration to create a welcoming and inclusive agency.

Amanda Negus and Suzanne Paust  
Co-Chairperson

## MANAGER'S REPORT 2016/2017

SECCA ends 2016/17 anticipating with much enthusiasm the soon to be launched App that has been developed to assist parents, individuals, teachers to teach appropriate sexual behavior and sexual health across all disabilities. Informed by the feedback from teachers and other professionals working with people who have a disability and from the experience of our own Psychotherapists, the App has been trialed and reformatted to maximize accessibility and availability of its use.

Following discussions, and in consultation with the Kimberley Medical Service, further adjustments have been made to the App to provide a version in Kriol which can be used across a number of Indigenous language groups within the Kimberley region. SECCA is currently working on developing extra illustrations and information to the App that will address sexuality and sexual health issues for adults. This section will include breast check, Cervical Screening, testicular checks, prostate testing, pregnancy and fetal development and menopause. Already SECCA has received a great deal of National and International interest in the App. We thank the Disability Service Commission for its continued support through funding the development of this invaluable and world first resource. I would also like to thank Media on Mars for their expert guidance on the development of the App.

During 2016/17 Disability Services Commission's Evaluation Team conducted a Quality Evaluation of the Agency. It concluded SECCA's services are not only meeting but also exceeding service standards. This was evidenced in the feedback received from clients and their families who were interviewed by the Evaluator. They said that all SECCA staff were very approachable and they could talk about any service issues that arose. Examples were given of when they had spoken to staff for clarification or strategies and the staff had responded and addressed the situation immediately. Other feedback acknowledged that SECCA is tailored to each client depending on issues and client's capacity to engage with process. When relevant, families/carers are also involved in the process.

Many clients and families reported the high rating they accorded the service stating "it's been invaluable" and "I can't speak highly enough of SECCA". The Evaluator recognised that SECCA is a highly personalised service, tailored to each client depending on the issues being addressed. When relevant, families/carers are also involved with the psychotherapy and education process. Many clients reported they "really like" attending the service. Families and carers reported the high rating they accorded the service stating "it's been invaluable", "Wonderful" and "I can't speak highly enough of SECCA".

## MANAGER'S REPORT 2016/2017

During the 2016/17 referrals for counselling services to SECCA have remained constant with a total of 173 being received. A total of 119 individuals were provided counselling. The sessions totaled 547. These figures are outstanding give SECCA is not a large agency and, that with the exception of the Manager, all staff work part-time. There is a Wait List for services, which is managed judiciously. Those clients/families and carers interviewed for the Quality Evaluation process reported "they were not concerned how long it took to access the service". I would like to take this opportunity to thank the Psychotherapists for their diligence and sensitivity dealing with what are frequently highly complex and difficult issues.

The SECCA team responsible for conducting Professional and Community Training and Education programmes has during 2016/2017 delivered **19** workshops. The basis of all of our workshops is to promote the rights of people who have a disability. The Annual SECCA Open Day attracted **42** participants and showcased the App. SECCA's role in advocating at a community level for people who have a disability has seen the agency represented on the Disability Abused and Neglect Taskforce

In 2015/2016 SECCA embarked upon a Strategic Planning process and this has identified ways we can continue providing services as a unique and highly professional organization. As a result, as NDIS is rolled out within Western Australia, SECCA is excited about the prospect of continuing to provide high level and essential support in relation to sexuality and sexual health to individuals their families and other professionals working within the disability sector in this new environment.

In conclusion, I would like to thank the following for their contribution to the services SECCA provides. Firstly, all SECCA staff for their unwavering support of their clients, families and other professionals. Their commitment to ensure the rights of their clients are at all times promoted is a demonstration of their proficiency. Secondly, SECCA's Board of Management. Members volunteer their time and are steadfast in their encouragement of the Agency. Thirdly, our funding bodies the Disability Services Commission and the Department of Health who, through continued funding over the last 26 years, have demonstrated their confidence and support for the work we do.

Juana Terpou  
Manager