

My Login Details

SECCA

Email address

Website

Username

Password hint

Website

Username

Password hint

Website

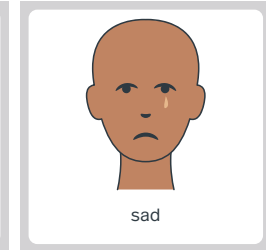
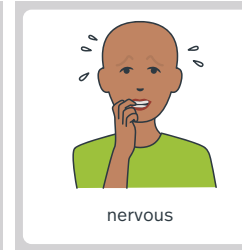
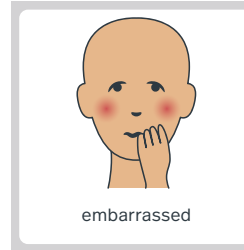
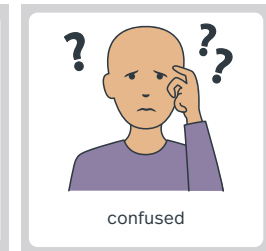
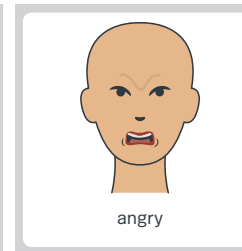
Username

Password hint

Warning Signs

SECCA

If you feel any of these feelings online:



- 1 Take a screenshot by clicking
or pressing
- 2 Close the program by clicking
or pressing
- 3 Tell someone you trust.

Conversation Tips

SECCA

Comment on what the other person has written.

I just saw a great movie.

Awesome! What did you see?

Reflect on what the other person has written.

I love movies too.
What was your movie about?

Ask open ended questions that start with statements like these.

Tell me more about...

What else...?

What's it like to...?

Quick Chat

SECCA

LOL

Laugh out loud

BRB

Be right back

GTG

Got to go

Msg

Message

FB

Facebook

ASAP

As soon as possible

JK

Just kidding

Thx

Thanks

TTYL

Talk to you later

IDK

I don't know

IDC

I don't care

ILY

I love you

ILYSM

I love you so much

Online Relationships

SECCA

- 1 Think before you send!
- 2 Write back after someone has sent you a message.
- 3 If you send someone too many messages they may not send a message back.
- 4 Online friends don't have to become real life friends. It's OK to take it slow.
- 5 Be careful what you say, people can't see your face so they don't know when you are joking.
- 6 Use emojis to express feelings.
- 7 Never give personal information – check with someone you trust first.
- 8 Everything on the internet can be seen by other people.

Scam Alert!

SECCA

Some people online will try to trick you out of your personal details or your money. Delete or block messages that say these kinds of things:

Winner!

Block

Delete

Please help

Block

Delete

Bank account number

Block

Delete

Download this

Block

Delete

Click on this link to open

Block

Delete

I need money

Block

Delete

Personal details + money

Block

Delete

Free Stuff!

Block

Delete

Update your details

Block

Delete

Confirm your details

Block

Delete



Show someone you trust if you are not sure what to do.